



ABOUT DVR

D.V.R. is a community based organisation responding to the issue of domestic abuse in Galway.

“I now see how owning our story and loving ourselves through that process is the bravest thing that we will ever do.”

Brené Brown

How is your relationship post separation?

Does your partner:

- Continue to harass and stalk you?
- Undermine you as a parent?
- Cause you financial hardship?
- Refuse to facilitate court orders?
- Report you continually to services and discredits you as a parent?
- Use threats and verbal abuse?
- Use children to exert control?

CONTACT OUR SERVICE

📞 091 866740

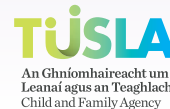
✉ info@domesticviolenceresponse.com

🌐 www@domesticviolenceresponse.com



1st Floor, Commerce House
Mountain Road, Moycullen
Co. Galway H91 D9HD

Main Funders:



PATHS TO FREEDOM Educational Support Programme

**Free confidential support
and information service.**

**Moycullen Galway
or by Zoom**



ABOUT THE PATHS TO FREEDOM COURSE

We are delighted to offer a training and support group which will be run over 8-10 weeks via online Zoom, with the option to attend our follow up course.



The course will offer you the opportunity to gain information on topics such as:

- > Understanding domestic abuse and coercive control
- > Exploring Perpetrator types and tactics
- > Exploring types of abuse; mental, verbal, physical & financial and its impact
- > Dealing with Post Separation Abuse
- > Exploring Empowerment & Assertiveness & Disengagement.
- > Exploring Healthy Relationships



COURSE DATES:



ABOUT THE COURSE

- > Paths to Freedom courses are available to women who have left their relationships.
- > Participants are asked to sign a confidentiality clause to ensure that each person can take part safely.



ABOUT THE FACILITATORS

- > **Elizabeth Power** RPN, RNMH, BA Social & Economics Studies, MA, (Writing) Certificate in Gestalt counselling. Elizabeth is coordinator of Domestic Violence Response. She has worked as a researcher (Towards a Community Response to Domestic Violence, 1998) and editor (Life's Real Fairytales, 2006) She has worked as trainer/support worker since 1993.
- > **Suzanne Mc Kane** has a Masters in Cognitive Behavioural Therapy and has worked in the domestic abuse sector as an advocate and counselling support worker.